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(57) Abstract :

[019] The present invention relates to the field of an edible composition for anti-diabetic benefit. The invention particularly relates to an edible composition comprising an extract of Curcuma longa and myo-inositol. Diabetes is one of the major and commonly occurring health problems in today's world. There are several medicines available in the market for the treatment of type 2 diabetes. Curcuma longa extract enriched with > 5% of curcuminoids and myo-Inositol found in beans are both independently are known to be very good against diabetes. Both the interventions are strong anti-oxidant agents and may independently work in multiple pathways to control diabetes in in-vitro. The current invention relates to a critical synergistic combination of Curcuma longa extract enriched with > 5% of curcuminoids and myo-inositol which make the mixtures very effective against diabetes with multifold efficacy.

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